

Marshalltown Community Schools

LUNCH MENU

June
2009



LUNCH PRICES

K-4	\$1.85
5-12	\$2.00
Reduced	\$.40
Milk	\$.30
Adult Lunch	\$2.80

R = More than 45% of calories from fat.
Y = 35% - 45% of calories from fat.
G = Less than 35% of calories from fat.
All milk served is skim or 1% = G

A REMINDER...

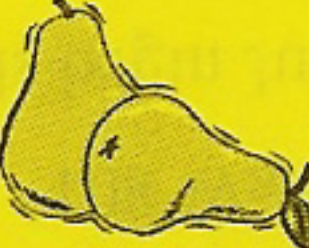

Free and reduced meal applications are available throughout the year in all schools. Be sure and contact us if you need assistance.

Please make checks for lunch payable to Marshalltown School Food Service or MSFS

All menus include milk-g. Menus may be changed without notice.

MCSD Food Service is an equal opportunity provider.

= item unavailable at elementary
RF = reduced fat

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
French Cheese Bread Mixed Vegetables-G Applesauce-G Milk-G Secondary: Assorted Pkg Item 1	Rotini Alfredo w/Turkey-R Pears-G Chilled Juice-G Garlic Breadstick-G Milk-G  2	Secondary: Walking Taco-Y # Lettuce & Cheese Cup-G # Assorted Desserts Elementary: Taco Salad All: Reduced Fat Doritos-G Fruit Cocktail Milk-G 3	Mini Corn Dogs-R Green Beans-G Peaches-G Butterscotch Pudding-G Milk-G 4	Ham on Bun-Y Baby Carrots-G Mandarin Oranges-G Scooby Doo Grahams-G Milk-G 5
Chicken Nuggets, Tenders or Popcorn Corn Pears-G Rice Krispie Treat-G Milk-G 8	Flamebroil on Bun-R Broccoli w/Cheese-R Peaches-G Milk-G Secondary: 2 Salads  9	Fiestada Pizza-Y Peas-G Pineapple-G Milk-G Secondary: Assorted Pkg Item 10	Cold Cuts on Bun-R String Cheese-R Berry Applesauce Cups-G Chilled Juice-G Sea Animal Crackers-G Milk-G 11	HAVE A GREAT SUMMER!!! 12

Join us for Summer lunches and underneath in a little smaller font Locations listed on back.

15	16	17	18	19
22	23	24	25	26
29	30			



S U M M E R