

# 5K for PLGA

Saturday, May 9, 2009

8:00am

Marshalltown Bike Path

Kids Fun Run

(1/4 mile race prior to 5k)

The Kids Fun Run starts at 8:00am. Registration begins at Marshalltown Community Y Cultural Center Parking lot at 6:30am. Same day

registrations will be accepted until 7:30am. T-shirts, goodie bags and post race refreshments will be included. For those who register after April 26,

T-shirts will be available while supplies last. If possible, please collect pledges from people who will sponsor you to run or walk and bring them on the day of the event. For each \$100 you raise, your name will be entered into a drawing for great prizes.

**PRE-RACE DAY PACKET PICK-UP ON FRIDAY MAY 8, 2009 FROM 4:00-7:00PM AT THE COMMUNITY Y CULTURAL CENTER.**

**Awards:** Trophies to top male and female finishers overall. 1<sup>st</sup> and 2<sup>nd</sup> place male and female in all age groups will receive medals and 3<sup>rd</sup> place will receive certificates. Age group as follows: under 14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-over.

## Pledges

Please collect pledges from people who will sponsor your event. This is not required, but will greatly assist us in making our fundraising goal. For every \$100 you raise, your name will be entered into a drawing for prizes. Please collect all sponsor donations prior to the event and turn them in at the event. **Please make DONATION checks payable to : PLGA FOUNDATION, TEAM JENNA.** They are tax deductible donations.

### 1. Sponsor

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Amount: \_\_\_\_\_ Collected: \_\_\_\_\_

### 2. Sponsor

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Amount: \_\_\_\_\_ Collected: \_\_\_\_\_

### 3. Sponsor

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Amount: \_\_\_\_\_ Collected: \_\_\_\_\_

### 4. Sponsor

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Amount: \_\_\_\_\_ Collected: \_\_\_\_\_

### 5. Sponsor

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Amount: \_\_\_\_\_ Collected: \_\_\_\_\_

### 6. Sponsor

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Amount: \_\_\_\_\_ Collected: \_\_\_\_\_

Feel free to photo copy if more room is needed.

## Sign-up Form

Sign up for:

	Price
<input type="checkbox"/> 5k (Adult 16 & over)by April 26	\$18.00
<input type="checkbox"/> 5k (Child15& under)by April 26	\$9.00
<input type="checkbox"/> 5k (Adult )April 27-May 10	\$23.00
<input type="checkbox"/> 5k (Child) April 27-May 10	\$12.00
<input type="checkbox"/> Kids Fun Run	\$9.00

Total Pd. \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

E-mail address \_\_\_\_\_

Phone \_\_\_\_\_

Age \_\_\_\_\_ DOB \_\_\_\_\_

Sex \_\_\_\_\_

T-Shirt Sizes:

Youth:   S     M     L    
Adult:   S     M     L     XL     XXL  

**Race Fee Checks Payable to: Jenna's Wish**  
Mail to: Po Box 1, Union Ia. 50258

ALL PARTICIPANTS MUST READ AND SIGN THE WAIVER BELOW. IN READING AND SIGNING THIS RELEASE, I HEREBY WAIVE ANY AND ALL RIGHTS FOR CLAIMS AND DAMAGES I MAY INCUR AGAINST THE ORGANIZERS, BUSINESSES, OR ANY ASSOCIATIONS CONNECTED WITH 5K FOR PLGA. I REALIZE AND ACCEPT THE UNPREDICTABLE RISKS INVOLVED AND HEREBY STATE I AM IN SUITABLE HEALTH TO PARTICIPATE IN THIS EVENT ON MAY 10, 2008. FURTHER, I HEREBY GRANT PERMISSION TO JENNA'S WISH AND THEIR AUTHORIZED AGENTS TO USE MY NAME AND PHOTOGRAPHS OR ANY OTHER RECORD OF MY PARTICIPATION IN THIS EVENT FOR ANY LAWFUL PURPOSE.

SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_

PARENT

SIGNATURE \_\_\_\_\_